### **Benefit Schedule**



## **LEGACY HEALTH PLANS 2025**

REGIONAL HEALTH PLANS / INTERNATIONAL HEALTH PLANS















**Policy Overview** 

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**Major Medical Care** 

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**In-patient Benefits** 

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Wellness, Dental and Optical Benefits

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**Maternity Benefits** 

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**Optional Benefits & Limits** 





### COMPARISON

The below cover indication is not a contract and does not include full details about your cover. Please refer to the Benefits Schedule for full cover limits.

### **REGIONAL HEALTH PLANS**

Evacuation only\*

UP TO USD 100,000 OVERALL LIMIT

South Africa only

### **INTERNATIONAL HEALTH PLANS**

Evacuation only Worldwide Cover out of Zambia, comprehensive and evacuation\*

UP TO USD 500,000 OVERALL LIMIT

KEY BENEFITS	BRONZE	GOLD
Major Medical	⊗	<b>⊘</b>
Emergency		
Out-patient	⊗	<b>⊘</b>
In-patient	⊗	
Maternity	⊗	⊗
Optical	⊗	⊗
Dental	⊗	
Wellness	⊗	<b>⊘</b>
	*Evacuation to	*Worldwide Treatment (excluding USA, Canada or South America).





Claims paid at SES Network Rates



BENEFIT	REGIONAL HEALTH PLANS	INTERNATIONAL HEALTH PLANS
	BRONZE	GOLD
Overall limit	USD 100,000	USD 500,000
Area of cover	Evacuation to South Africa only	Worldwide Treatment (excluding USA, Canada or South America) Claims paid at SES Network Rates
Type of cover	Evacuation only	Worldwide Cover out of Zambia, comprehensive and evacuation
Excess <sup>1</sup>	N/A	USD 175
Hospital network	N/A	N/A

<sup>1:</sup> Excess - payable for all elective international benefits per condition





<sup>2:</sup> Excess fee of US\$250 is payable when a member chooses a service provider outside our service provider network.



REGIONAL HEALTH PLANS	INTERNATIONAL HEALTH PLANS
BRONZE	GOLD
N/A	Paid in full, out of Zambia only
	N/A
N/A	Out of Zambia only
	N/A

- 2: Cancer diagnosis & treatment: please refer to the applicable terms and conditions
- 3: Psychiatric treatment includes in-patient and out-patient treatment
- 4: HIV Treatment: please refer to the applicable terms and conditions







# EMERGENCY EVACUATION, TREATMENT & CARE BENEFITS SCHEDULE

BENEFIT	REGIONAL HEALTH PLANS	INTERNATIONAL HEALTH PLANS
	BRONZE	GOLD
Local road ambulance		
Local air ambulance	Paid up to overall limit	Paid up to overall limit
International medical evacuation <sup>5</sup>		
Emergency hospitalisation	N/A	Paid up to General ward
High care & Intensive care	N/A	Paid up to overall limit
Travel & accommodation of a third party <sup>6</sup>	Travel for one companion in an emergency evacuation.	Max USD 100/night rebate for costs incurred. Max 30 days emergency only.  Accommodation for one immediate family member Only travel for one companion in an emergency evacuation
Repatriation to country of residence after international evacuation (commercial flights only)	USD 5,500	Paid in full
Repatriation of mortal remains, burial or cremation after international evacuation		USD 5,500
Home-based nursing care	N/A	N/A

- 5: International Medical Evacuation limited to 1 evacuation per condition per benefit year
- 5: International Medical Evacuation has no excess applied
- 5: International Medical Evacuation is applicable to immediately life or limb threatening conditions
- 6: Travel and Accomodation of a third party: please refer to the applicable terms and conditions







BENEFIT	REGIONAL HEALTH PLANS	INTERNATIONAL HEALTH PLANS
	BRONZE	GOLD
Elective Hospitalisation & Surgery <sup>7</sup>		Paid in full (General Ward)
Prosthesis internal		Paid in full, out of Zambia only
Palliative care		
Rehabilitation (Post-Hospitalisation) Requires pre- authorisation	N/A	Out of Zambia only
Economy flight for in-patient elective treatment (Where in country treatment is deemed inappropriate, SES doctor's pre- approval is required)		N/A

7: In-patient Care has a 3 month waiting period on initial application







BENEFIT	REGIONAL HEALTH PLANS	INTERNATIONAL HEALTH PLANS
BRONZE	BRONZE	GOLD
ledical doctor r specialist onsultations		
rescription ledication and nedically indicated accination <sup>8</sup>		Paid in full, out of Zambia only
ever-the-counter nedication		N/A
-rays (when equested by nedical doctor)		
athology (when equested by nedical doctor)	N/A	Paid in full, out of Zambia only
dvanced imaging re-authorisation equired		
rosthesis external?		USD 1,000
hysio & hiropractor essions		N/A
thronic condition		USD 2,000, out of Zambia only

<sup>8:</sup> Prescription medication and medically indicated vaccination applies to Covid-19 vaccinations where applicable 9: Prosthesis external includes medically indicated devices







### WELLNESS, DENTAL AND OPTICAL BENEFITS **BENEFITS SCHEDULE**

BENEFIT	REGIONAL HEALTH PLANS	INTERNATIONAL HEALTH PLANS
	BRONZE	GOLD
reventative Health creening benefit <sup>12</sup>		USD 1,000 (in South Africa only)
oral care & dental eatment		USD 500
Pptical <sup>14</sup>		
lutritionist & Dietitian Requires referral om SES doctors)	N/A	N/A
dedically Indicated accinations		
Medical insurance avel benefit		Overall limit, out of Zambia only
uneral Cash Benefit	USD 1,000	USD 1,000





<sup>12:</sup> Preventative Health Screening benefit applies every two years for clients over the age of 18
14: Optical Benefits - Frames have an event limit of once every 2 years, whereas lenses and consultations are covered up to the annual benefit limit



BENEFIT	REGIONAL HEALTH PLANS	INTERNATIONAL HEALTH PLANS
	BRONZE	GOLD
re-natal consults		
Normal Delivery, Planned and Emergency Caesarian	N/A	N/A
Newborn hospitalisation		N/A
Complications during the pre-natal period & childbirth		
Birth defects & congenital abnormalities	N/A	N/A
VF	N/A	N/A

# OPTIONAL BENEFITS & LIMITS BENEFITS SCHEDULE

BENEFIT	REGIONAL HEALTH PLANS	INTERNATIONAL HEALTH PLANS	
	BRONZE	GOLD	
High-risk activity loading <sup>15</sup>	USD 100,000	USD 100,000	

15: High-risk activity loading - USD 200 for USD 50,000 loading, USD 400 for USD 100,000 loading and USD 600 for USD 150,000 loading.



### Service and Administration Contact Details

If we can help you with more information about our product offerings, or if you would like to meet with one of our product experts, please contact us:

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